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BERUFLICH FIT IM IN- UND AUSLAND

2015-2017

Reisetagebuch

- Dokumentation -

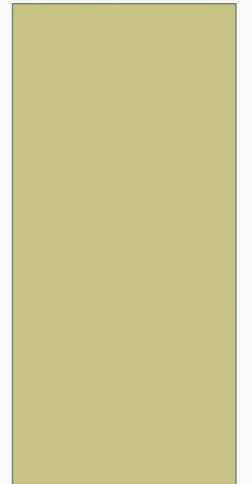
BERUFLICH FIT IM IN- UND AUSLAND

steht für

- + Verbesserung der Fremdsprachenkompetenz durch den Workshop und den konsequenten dreiwöchigen Gebrauch der englischen Sprache unter englischen Muttersprachlern**
- + Erwerb eines besseren Verständnisses der englischen Lebens- und Arbeitskultur durch das Leben in englischen Familien und die Arbeit in englischen Betrieben**
- + Schulung der Fähigkeit, kulturelle Unterschiede sowohl privat als auch beruflich respektvoll wahrzunehmen und kompetent damit umzugehen**
- + Förderung der Selbständigkeit**
- + Förderung einer positiven Einstellung zu Großbritannien und zur Arbeit in Europa**
- + Kennenlernen von neuen praktischen Arbeitsabläufen und Verfahrenen als Anregung für die Entwicklung im eigenen Unternehmen**

ILLUSTRATED REPORT ON OUR PROJECT IN PORTSMOUTH

26 JUNE UNTIL 16 JULY 2016 (BY MARIE-SOPHIE)



PORTSMOUTH

During my free time in Portsmouth I spent a lot of time on going sightseeing and shopping.

1. Spinnaker Tower

We visited the Spinnaker Tower. It is the city's landmark with a height of 170 metres.

The tower offers a 360° view of Portsmouth on three different observation platforms.

The first platform can be found at 100 meters above sea level and has a glass floor. When we were there, the weather was good and we had a wonderful view of the city. We also walked on the glass floor on the first viewing deck.



PORTSMOUTH

2. Isle of Wight

One day we were at the Isle of Wight and went there for a walk. The Isle is the largest and second-most populous island in England. It is located at the south coast of Great Britain. From Portsmouth you can get there by ferry in about 20 to 25 minutes. The beach is beautiful and the landscape is lovely.

3. Gosport

Gosport is a town on a peninsula which you can reach from Portsmouth by ferry. The town is rather small and we saw a few shops and playgrounds. We were there and walked a little and had a picnic on the grass.

PORTSMOUTH

4. London

At one of the weekends, we got to the capital of England, London, by train. I had never been to London before. So, I visited the most popular places: London Eye, Big Ben, Westminster Abbey, Buckingham Palace, Tower Bridge, Tower of London, Hard Rock Café, London Bridge and Piccadilly Circus. The day was stressful but worthwhile. I think that was my favourite activity in England because the city is beautiful and it was very interesting to see some of the places I had heard about before.



PORTSMOUTH

5. Brighton

We went to Brighton, which is a coastal city, by train. I think the city is not that spectacular. However, the beach with the pier is wonderful. At the pier there is a big wheel and it looks like a funfair in Germany. In other respects, the city did not offer much more from my point of view.



PORTSMOUTH

6. Gunwharf Quays

Gunwharf Quays is an outlet retail destination with 90 outlet stores and 30 restaurants. We went there early in the evenings to go shopping. I bought some presents for my family at home so that they would have something from England.

7. Laser tag

One evening, we played laser tag against a group of young boys. Unfortunately, we lost the game but we had lots of fun. For me it was the first time and I think the game can cause high adrenaline levels.

HOST FAMILY

I lived with a host mother who showed me the English lifestyle and culture. She was a really nice person and I talked to her a lot. She tried to make me feel at home during my time in England.

COLLEGE

The Meridian School is in the Guildhall, which is a multi-use venue in the centre of Portsmouth. It was constructed in 1890.

The language course was about preparing us for our work placements.

We were separated into different groups so that we could meet people from all over the world. In my group I worked together with an Italian, a Brazilian and a Taiwanese. We learned to speak English more confidently. It was easier to use English because somehow we had to communicate with each other.

In my opinion, the language course was good because of the different tasks like job interviews and role plays.

However, I think there was not enough Business English. It was fun and I could speak a lot but I could not improve my Business English for my work placement.

WORK PLACEMENT

I did my work placement at the company “Community Empowerment Limited“, which is a charity organisation. The goal of the company is to support young people by teaching English and computer literacy. Moreover, they help people to start their own business and offer marketing and finance classes for them. In addition, if public sector entities have financial problems, the company offers help with advertising efforts.

During my time there, I had different tasks. I did a lot of research using the internal database and the internet. We published results on Facebook, Instagram and similar media. The company wants to keep the people interested and informed. Moreover, I wrote reports on different subjects. For example, I visited a music exhibition in the Guildhall in Portsmouth or I went on a trip around Portsmouth with some Bulgarian students. These reports were published on the internet.

WORK PLACEMENT

My tasks (in short):

- ✓ Typing and setting up documents such as letters and reports
- ✓ Keeping computer records up to date
- ✓ Using office equipment
- ✓ Taking part in a health and safety induction
- ✓ Preparing scripts for students
- ✓ Doing research using the internal database and the internet
- ✓ Publishing a report

It was a pleasure for me because I could work independently and improve my written and spoken English. I like the people there. Since then, I have been staying in contact with one of the employees of Community Empowerment Limited. The company has moved to Southampton and, if I can, I will visit them again.

MY ADVICE

All in all, the trip was a big success and pleasure for me and it was a time of my life I wouldn't have missed for anything.

It helps me with my written and spoken English.

I think it also will be helpful for other students who want to do such an internship. They have to be receptive and open to new people and new experiences. Then they have the chance to speak English more confidently.

PORTSMOUTH

DENNIS KRUSZYNSKI

In my free time,
I tried to visit as
many attractions
as possible. For
example, I
visited the
Spinnaker Tower.

The view was
amazing.





One of my favourite activities was the trip to the Arsenal Stadium. It is the largest stadium I have ever been to.





EMIRATES STADIUM



VICTORIA GROUND

The Arsenal



I liked my host family but I did not spend a lot of time with them. I was exploring Portsmouth with other students so there was not enough time. But it would be nice to meet my host family again.



The college was great because the teachers were relaxed and taught us a lot. They showed us the difference between a school in England and a school in Germany.

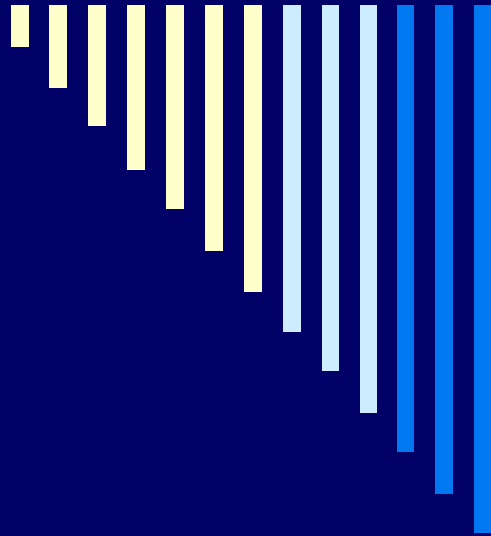


During my work placement I was doing things like taking payments and serving and advising customers. You can learn the language much faster while working because you have to talk to customers. In this way, you gain experience.



My Advice

Your English doesn't need to be perfect but you should be able to describe things. It will help you in all situations. And if you treat your host family well, your project will be a success.



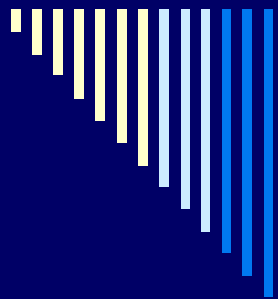
Portsmouth 2016

Mirco Küppers



Contents

- ☐ Free Time
 - ☐ Host Family
 - ☐ College
 - ☐ Work Placement
 - ☐ Advice
-



Places I visited in my free time

- Gunwharf Quays
- Spinnaker Tower
- Hayling Island
- London



Welcome to Cardiff Quays

Gunwharf Quays

- View of the shopping district of Gunwharf Quays from above



Spinnaker Tower



Hayling Island



London





Favourite activities

- I enjoyed the trip to London because it was my first time there and I had the chance to visit the stadium of one of my favourite football teams.
 - Moreover, watching the European Football Championship with my friends is worth mentioning because we always had a lot of fun.
-



Host family



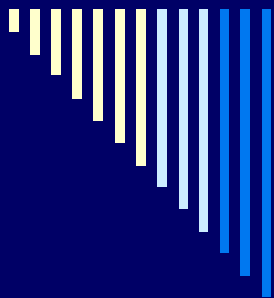


Host Family

- The host family was quite relaxed because they often participate in exchanges like this.
- Honestly, I didn't spend much time with my host family, but they were always there to help.

College



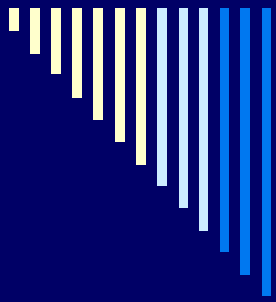


College

- The people at the college were very helpful and taught us a lot.
- Classes were like an intensive course because of the small groups of participants with similar knowledge of the language.

Work Placement





Barnado's

- I worked at a Barnado's store in Portsmouth.
- Barnado's is a group of charity shops in GB with a lot of stores.
- Helping customers to find goods they could need and use
- Working at the till
- Accepting donations from people
- Evaluating donated goods



Advice

- The best advice is to be open-minded and curious. Then you can have a great time and improve your English.
-

Anna's final report of her stay in Portsmouth from June 2016 to July 2016

I had a great time during my stay in Portsmouth. Before the arrival, it is important to change your money into pounds. I spent my spare time primarily with the other project participants and with my host sister.

There are a lot of possibilities to spend your free time here. In Portsmouth you can find many places of cultural interest. For example, you can go to the Spinnaker Tower, the Harbour, the D-Day Museum and many other sights.

Moreover, Portsmouth has many places where you can eat well and have a good time. On the weekends, you can visit other cities. The cities of London and Brighton, which you can reach by train in about an hour, are worth seeing. Moreover, you have the chance to use the ferry to go to an island called Isle of Wight.





My host mother was a wonderful hostess and she did everything to make me feel comfortable. She has a fifteen-year-old daughter and we also got along extremely well. In addition, my host mother gave me a few tips about things you can do in Portsmouth. Unfortunately, my host mother worked a lot so I could not spend so much time with her. I would very much like to come back to visit my hosts again.

I especially liked the fact that we did not exclusively learn Business English at the college. Still, we were prepared very well for taking part in English working life.



My teacher was Agnieszka. She comes from Poland and this was an advantage because she knew exactly which things would be harder or easier for us.

I did my internship at the Lighthouse Charity Shop and had the following duties:

- Serving and advising customers
- Taking payment
- Helping customers to find the goods they want
- Advising on stock amounts
- Giving information on products and services
- Stocking shelves / displaying goods
- Handling complaints and/or passing complaints on

The working atmosphere in the team was really good. On my first day they gave me a very warm welcome and provided me with a lot of valuable tips for everyday life in Portsmouth. The team members always support each other and they offered help when I needed it.

From my training company in Germany I know that your supervisor can sometimes tell you quite directly if he or she is not pleased with something. During our preparations for the trip to Portsmouth, Mr. Frank explained that you can expect people in England to offer criticism in a more indirect way.



My advice to all the other pupils, if they also want to have such a great experience, is the following...

Do not be shy. The people are so nice and friendly. You should just talk to them. Even if you do not speak English perfectly, you should stay calm and just go to the people. They will correct you but that is not meant to be unfriendly. On the contrary, they are trying to help you and they show you how to get it right. You are, after all, there to improve your English.

LUKAS'S REPORT ON HIS STAY IN PORTSMOUTH:

1) PORTSMOUTH – What did you do in Portsmouth during your free time?

After work I always went to a fitness centre, *FIT4LESS*.

Having finished my daily workout, I spent most of my time shopping at Gunwharf Quays. There was our favourite pub, *The Ship Anson*, where we watched every football game of the European Championship.



1.1) What was your favourite activity?

My favourite activity was just watching football and talking to people from different countries in the pub.



2) HOST FAMILY – What did you like about your host family? Did you spend a lot of time with them? Would you like to visit your hosts again?

I had a great time with my host family. In the future, I'll be able to spend my holidays there for free. I really liked my family because they were very friendly.

3) COLLEGE – What did you like about the college? What did you learn during the language course?

The best thing about this school was my brilliant teacher. She played many language games with us. I learned a lot about prejudice.

4) WORK PLACEMENT – What did you do during your work placement? What did you like? What did you learn?

I did my work placement at the organisation *Pompey in the Community*.

Pompey in the Community is an independent charitable trust affiliated to Portsmouth Football Club. Among other things, I worked as a football coach for kids and guys with special needs.

I've learned a lot about the city and its people.



5) YOUR ADVICE - What can students do to make sure that the project is a success?

I think there are many ways to success but my way consisted of speaking English with a lot of people in many different situations.

Don't think about it, DO IT. What is the best way to learn a foreign language? Try to speak the language to the best of your abilities.

LYNN'S ILLUSTRATED REPORT ON OUR PROJECT IN PORTSMOUTH

Our three-week stay in Portsmouth, England, consisted of a one-week language course and a two-week work placement.

I lived with a host family, where we learned about English culture and lifestyle. My host mother was a really nice person and did her best to make sure that we felt at home.

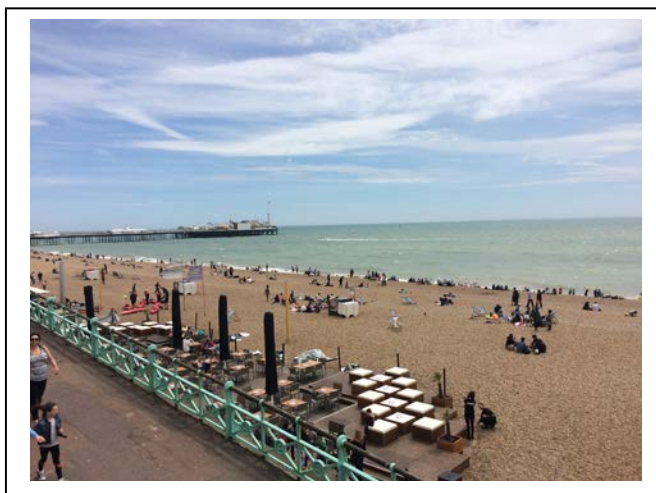
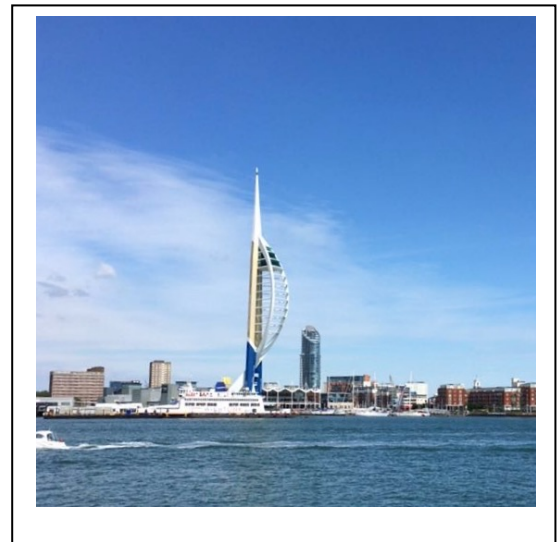
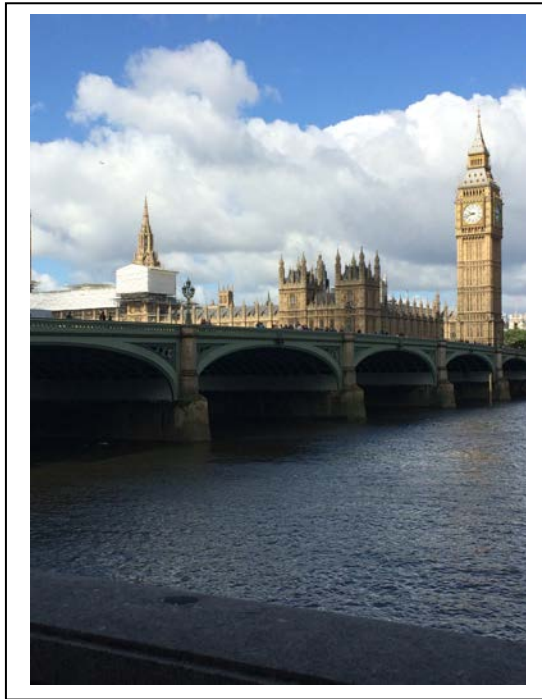
The language course was about preparing us for our work placements. In my opinion, the course helped me to speak English more confidently but there was not enough Business English during the lessons. Therefore, I felt more self-assured when speaking English but I did not learn many new words for the work placement. During my time at school I got to know new friends from other countries, like Italy, Brazil and Taiwan.

When I did my work placement, I got to know English working life. I worked at the Portsmouth City Council in the Parking Office, where I dealt with incoming and outgoing post. For example, I was responsible for typing and setting up parking permits. Moreover, I dealt with requests for payments and kept computer records up to date. My colleagues were very nice and always there to help or advise me.

In addition to the language course and the work placement, I had a lot of free time. I often met other students in the city just to go shopping, to take a walk or to eat and drink something.

At the weekends, I visited other cities like Brighton and London. In London I visited many sights, e.g. Buckingham Palace, Big Ben and Tower Bridge. Oxford Street was the perfect place to go shopping. Brighton is famous for the wonderful pier. Moreover, I was impressed by the Royal Pavilion with the musicians and the big garden

All in all, it was a great time and I wouldn't have missed this for anything because it will be helpful for my future life. However, it is important that you are receptive. Furthermore, you should not hesitate to speak English because you have no other choice. You have to speak the language to overcome your inhibition and to communicate with the English-speaking people around you.



FATIMA'S ILLUSTRATED REPORT ON OUR PROJECT IN PORTSMOUTH

During my free time, I visited some beautiful places in Portsmouth like the Spinnaker Tower, which was built in 2005 and has been a landmark ever since. It's 170 meters high and has four floors.

With this height, it can be seen from all over the city.



There is also a shopping centre, Gunwharf Quays. This is a very nice shopping mall where you can also drink a cup of coffee and enjoy the beautiful view.

There is another place, Southsea, where I sometimes walked. This is also very beautiful with a lovely view.



I have also seen the beautiful ***Southsea Castle***.



FATIMA'S ILLUSTRATED REPORT ON OUR PROJECT IN PORTSMOUTH

We also went to London and saw the beautiful city. For example, we went to Buckingham Palace. It is the home of the Kings and Queens. That was a really beautiful and stunning moment.



My host mother was very friendly and helpful and explained a lot of things to me. She spoke slowly and explained everything in detail. She also gave me lots of helpful tips, especially when she talked about her experiences in life. I would be very happy if I had a chance to meet her again.

Our college was structured and organized and I liked the timetable and the program. During the language course, I learned a lot of vocabulary, the correct pronunciation and how to communicate properly in English.

My tasks during work included sorting all sorts of shoes, putting price tags on them and helping the customers as well as taking care of them. I liked that the people were very nice and hospitable. By talking I learned many more words.

During this project my English definitely got better and it was a great experience. I would advise all students not to hesitate to go on such a trip. Do not be afraid to talk with people you have just met, because it's very important to communicate with them.

Portsmouth

MY THREE-WEEK EXCHANGE EXPERIENCE
(BY MIRIAM WERK)

Contents

Portsmouth – Leisure Activities

Host Family

College

Work Placement

My Advice



PORTSMOUTH

What did you do in Portsmouth during your free time?

The Ship Anson

- ▶ Watching football matches (European Championship)
- ▶ Sitting together, drinking beer, exchanging experiences



PORTSMOUTH

What did you do in Portsmouth during your free time?

- ▶ Leisure activities with the German group
 - ▶ Going to pubs, clubs and cafés
 - ▶ Laser Tag (offer from the college)
 - ▶ Visiting the Spinnaker Tower, Southsea Castle, Clarence Pier, Gunwharf Quays and other sights
- ▶ Hanging out with my host family
 - ▶ Talking about the UK and Germany, watching TV, going out for dinner



Leisure Activities

What did you do in Portsmouth during your free time?

Trip

to

London



Leisure Activities

What was your favourite activity?

Trip

to

Brighton



Host Family

What did you like about your host family? Did you spend a lot of time with them?
Would you like to visit your hosts again?

- ▶ A very kind and caring host family
- ▶ A lot of interest in me and my life at home
- ▶ Always in a good mood
- ▶ Beautiful house, pleasant room
- ▶ Yes, I would love to visit them again!

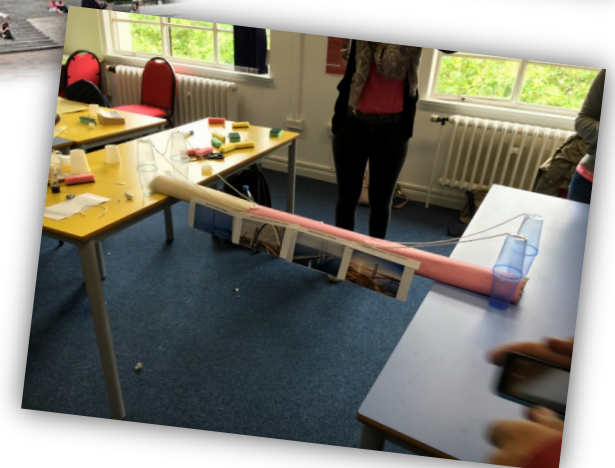


Meridian School of English

What did you like about the college?

What did you learn during the language course?

- ▶ The Guildhall is a beautiful building
- ▶ Interesting to meet students from all over the world
- ▶ Nice teachers with good teaching methods
- ▶ Good organization of the course/lessons



The Lodge Arts Centre

What did you do during your work placement?
What did you like? What did you learn?



- ▶ Kind people who were very considerate of me
- ▶ Tasks:
 - ▶ Painting, Working on social media, helping in the kitchen, receiving customers, decorating, preparing, ...
- ▶ Conclusion:
 - ▶ Improvement of my independence, better comprehension of English everyday work



My Advice

What can students do to make sure that the project is a success?

- ▶ Speak! - No fear!
- ▶ Be open to something new!
 - ▶ Be respectful if something is different. Don't judge too fast.
- ▶ Take things as they are!

Thank you for your attention 😊



- ▶ Miriam Werk, 23 years old
- ▶ From Oberhausen
- ▶ Trainee for Office Management



THREE WEEKS IN PORTSMOUTH

By Max Wink

TABLE OF CONTENTS

- College
- Host Family
- Work Placement
- Portsmouth
- My Advice



MERIDIAN SCHOOL OF ENGLISH

- First week
- 8 am – 2 pm
- Free conversations



HOST FAMILY – THE CHUCHERS

- Host mother: former teacher
- Host father: part-time worker in the steel business
- I had my own room
 - ... got breakfast & dinner every day
- very friendly
- very helpful
- were interested in my activities



BRITISH HEART FOUNDATION, COSHAM

- Worked there for two weeks
- 8 am - 1.30 pm
- Tasks:
 - Serving and advising customers
 - Taking payment
 - Helping customers to find the goods they want
 - Advising on stock amounts
 - Giving information on products and services
 - Stocking shelves / displaying goods
 - Arranging window displays
 - Promoting special offers / store cards
 - Checking goods
 - Helping other interns with settling in







ACTIVITIES IN PORTSMOUTH

- Spinnaker Tower
- Ship Anson
- Club Liquid
- Trip to London
- Food & Drinking
- Gunwharf Quays













MY ADVICE

- Great experience
- Improved my English
- Got to know the lifestyle in Great Britain
- Experienced the culture in another country
- I would do it all over again!

Thank you for your attention



England -Portsmouth



England - Portsmouth

Hello, my name is Janina Zoet. I participated in the Erasmus project and stayed in Portsmouth for three weeks. The time in England was very nice and instructive and I would like to show you why.

Free time

In our spare time, our group explored Portsmouth. We travelled a lot by bus to get to know the surrounding area better.

We also went to London and Brighton on the weekends. My favourite activities were getting to know the others and visiting different cities.

Free time



Portsmouth



London

Host Family

My host family was very friendly. I brought them a small gift from Germany when I arrived in Portsmouth.

Our hosts were always interested in learning what our day was like. They also gave us lots of tips on what we could do. My host mother always cooked for both me and my host sister and then we ate together. In the future, I intend to go back to Portsmouth and visit my host family.

Host Family



This was my welcome gift to the host family: a cup filled with chocolate.

College



One thing I liked about the school is that it is so impressive from the outside. I also had a very nice teacher, whose lessons were a lot of fun. We communicated a lot and had the chance to do the tasks together with a partner. This encouraged me to speak English.

Work Placement

I did my internship with Age Concern UK, in a charity shop which sells clothes and various decals. My tasks included:

- Serving and advising customers
- Taking payment
- Helping customers to find products
- Arranging window displays
- Stocking shelves / displaying goods
- Handling complaints and/or passing them on
- Cleaning, washing, hoovering

I thought that the people could bring their own clothes and articles to the shop and we would sell them.

My Advice

If you are open to a new experience, then this project will be a success. Try to do a lot with your host family. In this way, you will get to know more about their culture and improve your English. Try to work hard at school and to do a lot of activities in your spare time. If you do this, the project will offer you a very good experience for your life.